

Autumn / Winter Menu Week 3

3rd & 24th Nov, 15th Dec, 12th Jan, 2nd & 23rd Feb, 16th March

Eativerse
A UNIVERSE OF FOOD AND DRINK

| WEEK THREE | FAVOURITES MONDAY | WORLD TUESDAY | ROAST WEDNESDAY | PIZZA PARTY THURSDAY | FISH FRIDAY |
|------------------------------|--|--|--|--|--|
| Main Meal Option 1 | Beef Burger with Home-baked Potato Wedges | Mild Chicken Curry served with Mixed Rice  | Roast Chicken, Gravy, Yorkshire Pudding & Mashed Potato | Margherita Pizza with Home-baked Potato Wedges  | MSC Fish Fingers & Chips |
| Main Meal Option 2 | Vegetable Burger with Home-baked Potato Wedges ^{VG}  | Vegetable Sausage Hotdog served with Home-baked Wedges  | Quorn Grill, Gravy, Stuffing & Roast Potatoes  | Boston BBQ Five Bean Stew with Sunny Rice   | Cheese & Onion Roll with Chips & Ketchup  |
| Halal Option | Beef/Lamb Burger with Home-baked Potato Wedges | Halal Mild Chicken Curry served with Mixed Rice  | Halal Roast Chicken, Gravy, Yorkshire Pudding & Mashed Potato | Margherita Pizza with Home-baked Potato Wedges  | MSC Fish Fingers & Chips |
| Sides | Sweetcorn, Baked Beans  | Broccoli, Cauliflower & Carrots  | Seasonal Greens & Carrots  | Broccoli or Sweetcorn  | Sweetcorn, Baked Beans  |
| Baked Jacket Potatoes | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans   | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans   | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans   | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans   | Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans   |
| Dessert | Chocolate Oaty Slice ^{VG} | Syrup Sponge Pudding & Custard | Apple & Cinnamon Rolls  | Iced Sponge Cake with Sprinkles | Vanilla Cookie & Fruit Slices ^{VG}  |

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt



England's target for 'free sugar' intake for your child
* Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.