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28th April, 19th May, 9th June, 30th June, 21st July, 11th Aug, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov 2025

Eativerse
A UNIVERSE OF FOOD AND DRINK

WEEK THREE	FAVOURITES MONDAY	WORLD TUESDAY	ROAST WEDNESDAY	PIZZA PARTY THURSDAY	FISH FRIDAY
Main Meal Option 1	Sweet & Sour Chicken Meatballs & Sunny Rice 	Beef Lasagna & Garlic Bread 	Roast Chicken, Gravy, Stuffing & Roast Potatoes	Margherita Pizza & Tomato Pasta Salad 	MSC Fish Fingers & Chips
Main Meal Option 2	Chinese Sweet Chilli Quorn Stir Fry & Mixed Rice ^{VG}  	Cheesy Tomato Pasta Bake 	Quorn Grill, Gravy, Stuffing & Roast Potatoes 	Cheesy Bean Pitta	Cheese & Onion Puff Pastry Roll
Vegetables	Sweetcorn, Baked Beans 	Broccoli & Carrots 	Cauliflower, Carrots & Sweetcorn 	Sweetcorn or Carrots 	British Red Tractor Garden Peas, Baked Beans 
Baked Jacket Potatoes	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  	Jacket Potato with Cheesy Beans, Tuna Mayo or Cheese or Beans  
Dessert	Strawberry Mousse 	Chocolate Cookie 	Vanilla Cupcake	Chocolate Brownie ^{VG} & Chocolate Sauce	Homemade Jam Sponge & Custard

Portion(s) of
fruit or veg



Source of
wholegrain



Contains
plant-based
proteins



50%
fruit



Oily
Fish



Vegan

VE

England's target for 'free sugar' intake for your child

Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.