

Year Group /Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
F2 Indoor SC	Fundamental Skills for Dance		Gymnastics		Fundamentals for Games		
F2 Outside CT	Fundamentals Unit 1	Fundamentals Unit 2	Ball Skills	Ball Skills	Fundamentals for Athletics		
Year 1 Inside CT	Gymnastics	Dance	Sending & Receiving	Gymnastics	Dance	Yoga	
Year 1 Outside SC	Fundamentals	Ball Skills	Invasion	Target Games	Fundamentals for Striking & Fielding	Athletics	
Year 2 Indoor CT	Gymnastics	Dance	Gymnastics	Dance	Team Building	Yoga	
Year 2 Outside SC	Fundamentals	Ball Skills	Invasion	Target Games	Fundamentals for Striking & Fielding	Athletics	
Year 3 Indoor CT	Fundamentals	Gymnastics	Dance	Swimming	Fitness	Swimming	Dance
Year 3 Outside SC	Invasion Basketball	Invasion Tag Rugby	Outdoor, Adventure Activities	Net & Wall Tennis	Striking & Fielding Rounders	Athletics	
Year 4 Indoor CT	Fundamentals	Gymnastics	Dance		Yoga	Fitness	
Year 4 Outside SC	Invasion Netball	Invasion Hockey	Outdoor, Adventure Activities	Net & Wall Tennis	Striking & Fielding Cricket	Athletics	
Year 5 Indoor CT	Target Games Dodgeball	Dance		Gymnastics	Fitness	Yoga	
Year 5 Outside SC	Invasion Basketball	Invasion Tag rugby	Outdoor, Adventure Activities	Net & Wall Tennis	Striking & Fielding Rounders	Athletics Track events	
Year 6 Indoor CT	Gymnastics	Dance		Fitness	Target Games Dodgeball	Yoga	
Year 6 Outside SC	Invasion Netball	Invasion Hockey	Outdoor, Adventure Activities	Net & Wall Tennis	Striking & Fielding Cricket	Athletics	

Dance	Gymnastics	Games	Athletics	Net & Wall	OAA	Striking & Fielding	Health & Fitness	Target Games
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SC = Sport Coach

CT = Class Teacher

