



Sun safety.

Wrap, splat, hat!

At RBPS, we want our pupils to enjoy the sun safely. Educating our pupils on the importance of this, including how to reduce the risk of skin damage and about safe and unsafe exposure to the sun is part of our Relationships and Health Education (RHE) curriculum and commitment to safeguarding.

Often, the best way to protect children is to help them take a reasonable level of interest and responsibility for keeping themselves safe. Our curriculum does this by ensuring that:

- We talk about how to be safe in the sun with all pupils in assemblies every year during the summer term.
- Encouraging pupils to wear hats, sunglasses and sun cream and to keep well-hydrated during the summer months.
- We use our 'motto': 'Wrap, Splat and Hat!'
 - Wrap – Children are reminded that they should cover up with light clothing if they are going to be spending longer than 10-15 minutes outside
 - Splat – Children are reminded of the importance of applying SPF 15+ sun cream and drinking plenty of water if they are out in the sun
 - Hat - Children are reminded of the need to wear a hat for all outdoor activities in the summer term to prevent sunstroke

Risk Reduction Measures

- Shade - children are encouraged to sit in the shade in the playground and field on hot days and are requested to do this when staff notice that individuals have not sought shade for a while or look hot. Luckily our site offers a lot of tree coverage, as well as some shaded huts.
- Indoor alternatives – on days when the sun is particularly fierce or temperatures very high, staff supervising break times will reduce the amount of time spent outside by bringing children inside to play with friends for the remainder of the break time.
- Access to water – children are encouraged to take water bottles with them wherever they go during the summer term so that they do not become dehydrated. so that they do not become dehydrated.
- Sun cream – members of staff remind children to re-apply sun cream before outdoor break times

Our sun safety policy promotes the self-administration of sunscreen by pupils- staff do not put it on, but will supervise as needed. Parents are asked to provide suitable sun cream for their children, which should be labelled with the pupil's name. For children with complex needs, who cannot apply sun screen, staff can apply this to their face, neck, arms and lower legs if parents give written consent.