

SCARF/PSHE/RSHE

Specific lessons are designed to cover key skills, attitudes and values that children need to explore and develop healthy relationships with their peers. Children also learn how to keep themselves safe and to ask for help when they need it.

Foundation stage: being the same and different, our special people, different families, different homes, our feelings, being unique and special, being kind, caring and friendly, keeping safe, keeping healthy, resilience, life stages and growing from young to old.

Year 1: explores themes around families and their special people, the importance of respecting others including those that are different from us, recognising that genitals are private and their correct names; develops understanding of the difference between surprises and secrets (good or bad secrets) and when not to keep bad adult secrets; helps develop judgement of what kind of physical contact is acceptable or unacceptable and how to respond to this (including who to tell and how to tell them).

Year 2: looks at the process of growing from young to old and how people's needs change; explores the opportunities and responsibilities that increasing independence can bring, recognising that they share a responsibility for keeping themselves and others safe. Use correct names for labelling body parts, continue to develop understanding of the difference between surprises and secrets (good or bad secrets) and when not to keep bad adult secrets; helps develop judgement of what kind of physical contact is acceptable or unacceptable and how to respond to this (including who to tell and how to tell them)..

Year 3: introduces themes about change, including bereavement, healthy and unhealthy relationships (friendships), how images in the media do not always reflect reality and the impact of this on people's thoughts and feelings; the nature and consequences of discrimination; the importance of protecting personal information online; understanding risk and building resilience; making informed choices; resisting pressure and recognising when and how to ask for help. Using correct names for labelling body parts

Year 4: builds on the themes covered in previous years, looking more closely at body changes as they approach and move through puberty including menstruation; conflicting emotions; what positively and negatively affects their physical, mental and emotional health; understanding good and not-so-good feelings; recognising and challenging stereotypes; consequences of their actions; pressures to behave in an unacceptable, unhealthy or risky way and that marriage, including same-sex marriage, is a commitment freely entered into by both people.

Year 5: builds on the themes covered previously and in greater depth, looking more closely at: body changes and feelings during puberty; male and female reproductive body parts; how their changing feelings can affect those they live with; what makes relationships unhealthy; exploring risky behaviour in more detail; different types of bullying including homophobic and transphobic; how to keep their personal information private online (and why this is important), and how to use social media safely.

Year 6: builds on and reinforces all the themes of the previous years, we use an outside provider to spend the day with our year 6 children to teach them about sex education. In addition to this the SCARF curriculum encourages us to build in new content looking at: body image and the media; forced marriage; awareness of female genital mutilation (FGM); HIV; and managing pressure online.

Questions and curiosity around LGBTQ+ are arising earlier and earlier in school. Although

the topic is covered in year 5, we will decide, based on each cohort, whether discussions around sexuality or gender need to occur prior to year 5. Parent's will be informed when this is the case.

Vocabulary to be taught each year

Year group	Growing and changing Vocabulary that may be introduced. Each year will build on previous vocabulary.	Other RSE vocabulary
F1 (Nursery) & F2	Private privates penis vulva seed	same different family safe worried tell adult trust
Year 1	Private Privates penis vulva	difference respect
Year 2	Private privates penis vulva testicles nipples genitals privacy	surprise secret safe unsafe tell touch uncomfortable consent permission
Year 3	Private privates penis vulva testicles nipples genitals	prejudice disability gender race colour family adoption fostering same-sex couple blended family privacy consent permission personal space body space invade uncomfortable stop respect touch

<p>Year 4</p>	<p>private privates penis vulva puberty testicles nipples genitals privacy consent permission menstrual cycle periods eggs menstruation vagina fallopian tube uterus tampons sanitary pads menstruation cup breasts ovaries womb fertilize seed sperm</p>	<p>stereotype marriage same-sex marriage live together civil partnership forced marriage hormones</p>
<p>Year 5</p>	<p>private penis vulva puberty testicles nipples genitals privacy consent permission menstrual cycle periods eggs menstruation vagina vaginal opening tampons labia urinary opening discharge sanitary pads menstruation cup breasts ovaries clitoris womb wet dream spontaneous erections</p>	<p>trust resilience unwanted attention unwanted touch separation fostered prejudice biological sex sexual orientation gender identity gender expression verbal abuse physical abuse hormones Female genital mutilation (FGM)</p>

	scrotum foreskin ejaculation semen pubic hair foreskin anus	
Year 6	All of above plus: clitoris orgasm embryo sexual intercourse consensual condom surrogacy adoption masturbation pleasure IVF age of consent Female Genital Mutilation (FGM)	marriage civil partnership forced marriage illegal unique diversity biological sex sexual orientation gender identity gender expression stereotype prejudice surrogacy adoption IVF FGM HIV infection immune system virus transmission sharing needles sexual contact prejudice